## **GEMST()RY™**

## Rose Quartz Facial Roller



## Rose Quartz Roller may help to:

- + Improve elasticity of the skin
- + Reduce the appearance of puffiness and fine lines
- + Ease facial muscle tension
- + Help product absorption

Liberally apply a serum, face oil, moisturiser or mask to a freshly cleansed face.

- 1. Start at the forehead, apply gentle pressure and begin rolling using upward and outward movements.
- Apply a serum and moisturiser as normal.
- 3. Move slowly to cheeks and jawline, through to neck, finishing on neck and décolletage.
- 4. After 2 minutes of rolling, remove excess product with a cleanser or Queen of Hungary Mist on a cotton pad.
- 5. Apply a serum and moisturiser as normal. **Tip:** Store the roller in the fridge to accelerate the cooling and soothing benefits of Rose Quartz.

Texture: Smooth stone
Colour: Pink and white tones;
brassy-gold hardware. Due to the
natural stone, colour may vary.

Rose Quartz Facial Roller is suitable for all skin. Physically, it helps to firm the skin through gentle massage. It also aids in detoxing through the lymphatic system, the body's main major detoxification system. Metaphysically, Rose Quartz corresponds to the heart chakra, the energy centre of love.